

Thread Painting Simple Flowers – Alpine Rose

3 or 6 hours

Nancy Prince

Workshop Description: In this fun and easy workshop you'll have fun playing with thread and discover how easy it is to blend thread. You will discover how to coax a straight or zigzag stitch to do the work for you. This is a great project for those that haven't tried thread painting before. Simple, quick and easy to master.

Thread Painting Thread – 40 weight rayon or polyester

- Petals – Medium dark, medium and light pink (all in the same color family), light yellow, off white, medium gray
- Petal center – Medium green, bright gold, light yellow
- Stems and leaves – Dark olive, medium olive, dark cranberry
- Clear invisible thread (*available for sale in workshop*)
- Bring additional rayon or polyester threads in greens, pink, yellow, white and gold in your stash
- Pre-wind(1) bobbin with gray bobbin fill

NOTE: I am more interested in you learning a technique rather than having the right color of thread. If you don't have the shades of pink shown, substitute another color family. If you don't have the shades of red and blue requested substitute another color family.

Notions:

- 6" wooden or plastic machine embroidery hoop (*available for sale in workshop*)
- Basic sewing supplies – scissors, 70/10 or 80/12 machine needles, tweezers, etc.
- Sewing machine
 - *Please know how your machine works and make sure it is in good working order before class. For thread painting you will need to know how to drop the feed dogs, how to adjust your machine for free-motion machine embroidery, how to change the upper tension and know where to change the width on the zigzag stitch. If you are unsure of these machine adjustments, please check with your machine dealer before class. A solid sewing platform is recommended. You will need a zigzag throat plate. Thanks for checking this out before class.*
- **Open** toe free motion foot such as #24 for Bernina or a stippling open toe foot for Viking. Janome machines – please bring the darning foot and NOT the convertible foot. The convertible foot cannot span a 3.5 mm zigzag stitch. Visibility on machines with a clear oval plastic foot is practically zero. Cutting away between the two red lines on this type foot works on most machines. Check with your machine dealer for optional free motion feet.
- Black permanent ultra fine point marker
- Embroidery or extra bobbin case (if you have one)

Workshop Kit Fee - \$6.00

Kit includes – (1) preprinted design
(1) 10"x10" piece of stabilizer backing
(2) 10"x10" pieces of tulle
(1) CD

(No fabric is required for workshop)

Items available the day of class*:

- \$10.50 - 6" Wooden machine embroidery hoop

* Prices subject to change

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Alpine Rose Thread Painting Project



NOTE: The project for the workshop can be seen on my website, www.nancyprince.com, under the Workshop section, Thread Painting Simple Flowers – Alpine Rose.

To view my free video demonstrating the difference between a straight and zigzag stitch go to www.nancyprince.com and at the Home page, scroll down to *Stitches with Attitude*.



Examples of free motion feet from left:

1. Bernina
2. Janome or Baby Lock
3. Pfaff

Alpine Rose Isacord Pink Thread Colors



1. Medium dark pink – Isacord 2152
2. Medium pink – Isacord 2155
3. Light pink – Isacord 2171

Thread colors shown are the ones used in the project. Exact colors aren't necessary – just use these colors for reference.